



# Scarborough News

The newsletter for  
Scarborough Netball  
Club

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## Presidents Report

We're fast approaching the business end of the season. Some teams are gearing up for finals and others are looking forward to winning back their weekends. Either way, we've all had a terrific season. For the most part the morale has been high, club camaraderie brilliant and some hard fought games will go down in history. Oh and not to mention the concerning prevalence of broken, dislocated and jarred fingers this season!

But the season is not quite over. We have two upcoming social events. The 'Bling Baby Bling' cocktail party will be a night to remember. Our Social Coordinator, Jade Unwin with her trusty assistant Megan Nowotny have laid the plans for a night to remember. So pull out your frocks and tan up those winter hairy legs, there are celebrations in order! Tickets vary in cost, for more information check out the SNC website.

The single most important event on our social calendar is the Presentation Evening, 17 September. Last year's presentation night, certainly raised the bar. Parents were up dancing with help of DJ Rev, who's lined up for this year as well. All Juniors must be accompanied by a parent or guardian. Seniors are encouraged to bring along their partners. Tickets will be available soon.

In terms of finals, for each team that makes the finals, SNC must supply an umpire. Mel Leeder has seamlessly coordinated umpiring this season and many new umpires have really developed. If you think you're confident enough to umpire finals, chat with Mel at training.

A huge thankyou goes out to Emily Wise for running the SNC Club development night 20 July. Again, with the trusty assistance of Megan Nowotny. Emily has been a breath of fresh air into the club, bringing new ideas and netball thinking – thank you Emily.

SNC have reinvigorated our Facebook page. The latest news and information will be posted regularly. Club members are encouraged to post questions, ideas and suggestions on the wall. The Committee will take note of discussions, so that we keep abreast of the general consensus. So jump onboard – your opinion counts!

And finally, next year is our 60<sup>th</sup> Anniversary. This is a huge achievement for the netball club and we really want to make next year extra special. The committee is currently discussing the possibility of hosting a Ball to celebrate. Past, present and notable guests would be invited. We welcome ideas and suggestions from all club members.

Good luck on your remaining games!

Brooke Grieves—  
SNC President



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### Dates to Remember

- 27 August - Bling Night at the Wembley
- 17 September - Grand Final and End of Season Wind up

Scarborough Netball  
Club

Established in 1952



### **SNC's Nights of Nights**

The end of the season may be approaching but the SNC committee has plenty more fun planned so keep a close eye on the website and Facebook page for details so you don't miss out.

**Bling Night** – Get out your best bling for a fun night out at **The Wembley** on **Saturday, August 27** at **7pm**. There will be a DJ, a food and drink package and a rocking dance floor. **2 cocktails and food \$25, 2 beers and food \$20 and two soft drinks and food \$15**. Tickets are available at training on Wednesday nights or on game day. Register your attendance at <http://www.facebook.com/event.php?eid=149487165132330>



**Awards Night** – The annual “not to be missed” end of season do is getting closer. It will be at the **Scarborough Sportsmans Club** on **Saturday, September 17** from **7pm** with the popular **DJ Rev** and his offsider. Juniors \$45 and Seniors \$50 There will be a three-course meal, free soft drink and a cash bar. Parents/guardians are encouraged to attend and juniors must be accompanied by an adult as per Liquor Licensing Laws.

### **Nakuru, Kenya Family Project**

**SNC member Denise Cahill spent three weeks in Kenya, Africa recently to volunteer at the Gabriel Learning Centre – the club's chosen charity for the year. She took a \$200 cheque on behalf of Scarborough. Here's some details on the charity and how the members' kind donations helped.**

Walking through the slums of Kaptembwa is unlike any stroll through the streets of Perth.

There's drains filled with dirty water containing hundreds of diseases, goats, chickens and dogs wandering around and rubbish strewn in every corner.

And then there's the children who follow any visiting

Mzungus (white people) wherever they go chanting “Mzungu” and “how are you”.

They are curious and friendly but are unaware how these Mzungus are trying to improve their lives.

Perth woman Susan Saleeba was so affected by the poverty and conditions in these slums when she first visited six years ago that she opened her own school that educates young children, adults and teaches people how to sew.

The project helps its families with food, shelter, health and personal issues.

At the moment, the school is based in a rented building but over the past few years, Susan has been able to raise \$18,000 from charity events in Perth to buy land for a new school.

The four adjoining plots are bare apart from four mud houses leased to locals but Susan sees a two-level building accommodating classrooms, a homestay for volunteers and a rape and refuge centre.

Money donated by SNC members went towards the project's building fund and while it is only early days, seeing the kids and poverty is all the inspiration Susan needs to achieve her goal.

To donate, visit [www.kenya.net.au](http://www.kenya.net.au).



### **Scorecards—Important Information**

Please handwrite names on to scorecards each week rather than apply a pre-prepared sticker.

Some teams have been penalised for incorrect scorecards because there has been changes to the line-up given to PNA at the beginning of the season.

So please throw the stickers in the bin and fill out the cards the old fashioned way.

### **Juniors Take on Seniors**

Junior 1 and Senior 1 teams took to the court at training this month with many seniors having plenty of good things to say about the club's up-and-coming stars. This is how Senior 1 centre court player Mel saw the action.

"Last week a change in training tactic was trialled that saw Junior 1 and Senior 1 play a scratch match against each other. Juniors and Seniors alike were a bit dubious when their coaches told them the teams would be mixed up for 2 quarters and we would all play each other. However, after a few minutes both sides settled in and a very evenly matched contest ensued.

For the final 2 quarters we were back to Juniors vs Seniors and the latter were given a run for their money. The experience left more than a few of us surprised by the high level and intensity of the game.

The quarters were mutually beneficial for both Junior and Senior 1 teams and feedback from everyone involved was that they found the training highly enjoyable and worthwhile.

One thing is for sure - SNC has a strong group of junior players coming through the ranks, a few of whom will be challenging our Seniors for spots in the higher division teams next year!"

### **Team Award Nominations**

The committee wants your nominations for **Most Dedicated Team** for 2011.

These are teams that have worked and played well together on and off the court. Send your nomination to [snc@snc.org.au](mailto:snc@snc.org.au) by August 31.

### **SNC the Stars of the Show**

Several SNC members and their children were part of a photo shoot with West Coast Fever goal shooter Caitlin Bassett and *The West Australian*. Thanks to the parents, coaches and junior players who made themselves available for the valuable PR exercise.

## **World-beater Bassett inspires next generation**

■ Gene Stephan

Netball is riding the crest of a wave after Australia's thrilling world championship win over arch rivals New Zealand.

West Coast Fever's Caitlin Bassett laid claim to the title of world's leading goal shooter in Singapore last week and has prospective sponsors knocking on her door days after returning home to Perth.

West Coast have been flooded by membership inquiries for the 2012 season, and tickets for the Diamonds Test series opener at Burswood in October sold out within 24 hours this week.

Bassett, 23, said winning the world title was the stuff of dreams.

"To shoot the winning goal was more than I could have imagined," she said. "I just hope that our win inspires more young girls to get out



**Winner: Bassett's deciding goal.**

there and play. I've been stunned by the level of interest in netball since I've got back — and that can only be a good thing for the sport."

She has already met plenty of young fans, showing them her gold medal, and will be conducting coaching clinics all over the metropolitan region next week.

### **NETBALL ON THE UP**



**Medallist: Bassett meets Georgia Knights, Casandra Knights and Grace Sputore.**

## **SNC's 60<sup>th</sup> Anniversary**

Next year SNC will celebrate its 60<sup>th</sup> birthday and we will be celebrating in style with a **Frost Yourself Ball** to commemorate the Diamond Anniversary.

Put **Saturday, May 12 2012** in your diary.



## Recipe

### Asian Flavoured Pumpkin Soup

#### Ingredients (serves 4)

- 2 teaspoons vegetable oil
- 1 brown onion, chopped
- 1.2 kg Kent pumpkin, peeled, deseeded, chopped
- 375ml can Carnation light & creamy coconut flavoured evaporated milk
- 1 large lime, juiced (you will need 1/4 cup juice)
- 2 tablespoons fish sauce
- 2 tablespoons sweet chilli sauce
- 1/2 cup fresh coriander leaves, finely chopped, plus extra, to serve
- 1 small red chilli, sliced, to serve



#### Method

Heat oil in a large, heavy-based saucepan over medium heat. Add onion and cook, stirring, for 3 to 4 minutes or until soft. Add pumpkin, evaporated milk and 1 cup water and bring to the boil. Reduce heat to medium-low and simmer, covered, for 15 minutes or until pumpkin is soft.

Remove saucepan from heat and set aside to cool for 10 minutes. Using a food processor or blender, process soup, in batches, until smooth. Pour puree into a clean saucepan. Add lime juice, fish sauce, chilli sauce and chopped coriander and heat over low heat until warmed through. Serve topped with coriander leaves and sliced chilli.



#### Sponsors



Scarborough Netball Club

**Established in 1952**  
 Doubleview Primary School  
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